

After your Covid-19 PFIZER Vaccine

Please wait 15 minutes. Time you can go:

Doctor who gave vaccination:	
Book Dose 2 (3 weeks after dose 1):	<input type="checkbox"/>
Book Booster (16+ general population) <i>3+ months after</i>	<input type="checkbox"/>
Book Dose 3 (immunocompromised) <i>2-6+ months after</i>	<input type="checkbox"/>
Book Dose 4 (immunocompromised, 30+) <i>3 months after</i>	<input type="checkbox"/>

Thank you for protecting yourself and others by getting the vaccine. We ask you to read this document carefully, so you know how you can expect to feel in the next few days and where to get more information.

After your vaccine today you may experience:

Tenderness, swelling, bruising, pain, redness and/or itching in the arm the vaccine was given
Tiredness
A headache
Muscle pain
Joint pain
Nausea, diarrhoea or vomiting
A fever (temperature of 38 degrees Celsius or above).
Generally symptoms go away in a day or two

If concerned: Ring here (07 5578 9000)
After hours ring 13Health (13 432 584) or
Go to your closest Emergency Department

What if I have a fever or have aches and pains?

If you have a fever or aches and pains, you can take paracetamol or ibuprofen to help. However, if your fever lasts more than 48 hours or if you are concerned, please seek medical advice. Do not take ibuprofen if you are pregnant.

Do I need to do anything before I get a future dose of the vaccine?

When you are having your next dose of the vaccine, please tell the vaccination team if there have been any changes in your medical history. Ensure there is a 7 day gap between any vaccine and the next dose.

The good news

Getting a COVID-19 vaccine should protect you from the serious complications of COVID-19.
Vaccines teach your immune system to protect you from diseases.
It is much safer for your immune system to learn this through vaccination than by getting COVID-19.

We are still learning

You may not be completely protected until seven days after your second dose.
There is a chance you might get COVID-19, even if you have the vaccines.
We do not know yet if having the vaccine stops you spreading the virus to others, so you must continue to follow public health advice:

- Follow social distancing guidelines (keep 2 metres apart from others where possible)
- Wear a mask if directed
- Wash your hands regularly.
- If you are unwell, have a Covid test and stay home until you are symptom free

Question's?

If you are unsure about anything, or have any questions about the COVID-19 vaccine please ask your vaccinator today. You can also ring the National Coronavirus Hotline on 1800 020 080.
Our website also has more information and links to other informative sites

Please expect an email from SmartVax on day 3, 8 and 42 asking if you experienced any side effects.

It is important our practice has an up to date email for you, feel free to check with your doctor or reception